

SA Vice President Suspended From MWC; Found Guilty Of Sexual Assault

By Janet Marshall
Bulletin News Editor

In a closed hearing held Sept. 10, a Student Conduct Hearing Board found Student Association Vice President Rob Abrams guilty of sexual assault and recommended that Abrams be suspended from Mary Washington College for one year. MWC President William Anderson said Abrams appealed the board's

decision on Sept. 16. Anderson said he rejected the appeal the following day. "The appeal came in midday Wednesday. I was expecting it, so I cleared my calendar. I had to listen to all the tapes (from the hearing) and go through all the reasons for the appeal," said Anderson. "I upheld the panel hearing's decision."

"His appeal was based on several different things," Anderson added. "I really don't feel I can discuss the

specifics. Some of them were legal points. Not being an attorney, I left that to them (the Attorney General's Office)."

Anderson said that a student who is suspended is required to officially withdraw from MWC, and he confirmed that Abrams had withdrawn from the college. Student Association President Devon Williams said that Abrams told her he had received the president's decision Thursday and gave her his keys to the S.A. office.

"He did in fact turn in his keys on Thursday," said Williams, who declined to comment further on Abrams' suspension.

Abrams refused to comment on the specific testimony against him in the hearing but did say that the sexual assault charges filed against him stem from allegations that he twice sexually assaulted a woman in August 1991. Anderson, how-



Rob Abrams

see ABRAMS, page 2

Learning To Fight Back: A Rape Survivor's Story

By Page Smith
Special to the Bulletin

The Federal Bureau of Investigation projects that one out of four women will be raped in her lifetime. A forcible rape occurs every 7 minutes in the United States alone, totalling about 90,000 forcible rapes reported to the police each year. It is estimated that 90% of all rapes and attempted rapes are not reported at all.

At Mary Washington College, only 2 forcible rapes were reported to campus police from 1989-1991, according to the publication "Student's Right to Know." Yet a study by Mary P. Koss of 7000 students from 35 colleges and universities, in four women surveyed were victims of rape or attempted rape. Nearly half of the women told no one; only five percent reported the incident to the police.

Given the prevalence of the crime, one would expect American society to teach women how to effectively avoid, resist and cope with sexual assault.

But rape is not easy to talk about. People who have no specialized knowledge of the subject are likely to base their perceptions on media images. Because the media tends to portray rape victims as helpless, most women have little or no reliable knowledge to guide their behavior if they are sexually assaulted.

I know, because a rapist woke me up in my home one December morning. I was 16 years old. Like most people, I never thought it would happen to me, so the whole situation seemed unreal, as if I woke up stuck in a movie. I had no idea what to do and I couldn't think.

He wore a ski mask and held a long, yellow-handled screwdriver at my throat. He said not to scream, and I figured no one would hear me even if I did. I focused on pushing the weapon away from my face and neck, and tried to slide away from him, but he was mean and determined. My attempts to fight him off resulted in cuts and bruises which threatened to get worse.

I know now that I gave in much too soon to the notion that I'd only end up bloody and mutilated if I continued to resist. I had no confidence in my physical ability to escape what seemed inevitable. Instead of calling for help, instead of continuing to fight, I began to cry and pray and wait until he was through.

Because of my ignorance, I had no other options. I had never learned how to focus my physical energy against someone larger and stronger than me. No one had told me that I should yell for help and resist with all my strength; that I should try a variety of defense tactics until one of them worked; that by doing so, I could maximize my chances of avoiding the rape, and probably without increasing the risk of injury to myself.

No one had told me these things when I needed to know them the most. It's been fourteen years since I was raped, and most women still don't know what to do if they are attacked.

I know what to do now only because of the research I have done on my own, and because of a noncredit course offered by campus police at Mary Washington College.

Defense tactics

Leigh Collins prepares to demonstrate self-defense options for a woman attacked from behind. Collins is a sergeant in the Mary Washington College Campus Police and a retired black belt. Her colleague, Lt. Greg Perry, approaches Collins and clasps both hands around her neck as 16 female students watch for her response.

"Here's where you're supposed to scream and faint, if you've seen those old horror movies," says Collins. "But it's your decision whether to resist. If you're going to resist, you need to resist 100 percent. You have to decide that you will survive. Anything else is fixable, except dead."

She shows the students a variety of ways to escape the assailant, using only her body as a weapon. She points out vulnerable areas of the male physique and demonstrates

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New Coordinator of Sexual Assault Services Will Assist Victims of Sexual Assault. See story page 3.

Dean Calls Assistant's Complaints Unfounded

By Jennifer Dockerty
Bulletin Staff Writer

Assistant Dean for Admissions and Financial Aid Rita Richardson resigned Sept. 15 because she said she was unfairly overlooked for a salary adjustment at the end of the last fiscal year. Her supervisor, Vice President for Admissions and Financial Aid Martin A. Wilder, said her allegations are unfounded.

According to Richardson, she requested a raise a year ago because she was asked to take on extra responsibilities within the office beginning in Fall of 1990 when Forrest Parker left the office to open the Multicultural Center. Wilder said that these extra duties were placed on Richardson at a time when the office was extremely understaffed.

"Ms. Richardson did take on a number of tasks, but no more than anyone else," said Wilder.

Richardson, however, said her new duties were more extensive than those of the other staff members, and that she assumed these duties under the impression that she would receive a raise within a year.

"When I assumed these responsibilities, I said that I wanted a raise. I was put in complete charge of two programs (Minority Student Recruitment and Transfer Recruitment). No one else was given such duties to my knowledge," said Richardson. "Because I am a black

person working in the Admissions office and we have very few black people on campus, it was an implied role as well as a specified role."

Wilder said there is no specific role of Minority Student Recruiter and said the duties involved with the recruitment of minorities is shared throughout the office.

Two members of the Admissions staff received salary adjustments of \$5000 and \$6500 at the end of the last fiscal year. They were the only two adjustments made on campus last year, Wilder said.

Richardson said that she requested a raise at the same time as these employees did, and she said she was overlooked because of a personality conflict within the office that she said has shown up on her performance appraisals the past two years.

Wilder said that the salary adjustments were not based on performance, but to balance out campus-wide salary inequities.

He said that Richardson should have filed her complaints through the official grievance procedure explained in the staff handbook. But she said that the only procedure she is aware of is for classified employees.

"I spoke with both Dr. Wilder and President Anderson on a number of occasions to no avail," said Richardson, who is now employed in Petersburg, Va. as the Director of Guidance for the Charles City County Public Schools.



Wayne Blankenship demonstrates CPR on a dummy at last week's Club Carnival.

Photo: Kim Sticker

Class Council Fills Three Vacant Offices

By Kendra Williams
Bulletin Staff Writer

After much conflict following the removal of junior class president Pete Buccellato and the resignation of vice president Leah McNeil, the Executive Council of Class Council filled the empty positions last week.

The Executive Council chose Sonja Peyton, former junior class publicity chair, to fill the vacant office of junior class president. Denehali (Chilly) Tufekgian will assume the position of

junior class vice president. The Executive Council also chose Jennifer Beard to fill the office of junior class publicity chair, as that position became vacant when Peyton assumed her new position as junior class president.

Buccellato was removed from office August 31 because his grades did not meet the minimum grade point average required to remain on Class Council. McNeil stepped down the

see COUNCIL, page 3

Task Force To Hold Forum

Residents, Students To Discuss Community Relations

By Sharon Conway
Bulletin Staff Writer

In light of strained relations between Mary Washington College and the city of Fredericksburg, a task force has been formed to facilitate communication between the city and the college.

The task force is made up of three students, three administrators, three city council members, and three city residents. Marjorie M. Poyck, Executive Assistant to MWC President William Anderson, and Anthony Hooper, City Manager of Fredericksburg, are co-

chairs. SA President Devon Williams, Commuting Student Chairperson Will Shelburne, and Legislative Action Chairperson Heather Jacobs are the student members of the task force.

The task force will be meeting at a public forum at City Hall, Sept. 24 at 7:30 p.m., to discuss issues of commuter parking, vandalism, littering and noise pollution.

"We can use this as an opportunity to bring forward anything and ev-

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INSIDE

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• **FEATURES** - The first article in a series on interracial relationships. See page 7.

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ABRAMS

from page 1

ever, said the Student Conduct Hearing Board only heard charges of one sexual assault.

Campus Police Chief David Ankney said that no criminal charges have been filed against Abrams.

Sources told the *Bullet* that the woman who filed the judicial charge claimed Abrams assaulted her in Bushnell Hall last year when she was a resident of Bushnell and he was a Resident Assistant in the freshman dorm.

The woman's student defender said that she preferred not to comment.

Another student, also a resident assistant in Bushnell last year, said that the woman discussed the alleged assault at the end of the 1991-92 school year.

"She came to me and she confided that something had happened and I assumed that something had already been filed administratively," the student said.

Abrams, however, said he was not notified of any charges filed against him until Sept. 3, one week before the hearing was held.

The hearing began at 2:15 p.m. Sept. 10 and lasted approximately 10 hours. The board unanimously found Abrams guilty and handed down the sanction of one year suspension. Witnesses declined to discuss specific details of their testimony with the *Bullet*. The Student Handbook says that Student Conduct Hearing Board proceedings are confidential.

In order for a student to file charges through the college judicial process a student must contact the Dean of Students and relate the incident to the dean. The dean then initiates the Student Conduct Hearing Board process.

According to the Student Handbook, sexual assault includes charges of rape, forcible sodomy, fondling or touching an unwilling person's genitalia, groin, breast or buttocks and is "defined as any of the aforementioned acts undertaken by a friend or acquaintance without consent... Sexual assault occurs when a person is subjected to any of the above acts against his/her will, either by force, threat, intimidation, or through use of the victim's mental or physical helplessness of which the accused was aware of should have been aware."

Sanctions handed down for sexual assault charges can range from suspension from residence halls to suspension or expulsion from the college.

Conrad Warlick, vice president for Administrative Services and chairman of the Student Conduct Hearing Board, refused to comment on the charges or the hearing. "There is absolutely nothing to discuss," said Warlick. "The sexual assault policy says that the hearing must be closed."

The Student Conduct Hearing Board consists of ten members from the college community and "a quorum of four must be present to hold the hearing," according to the Student Handbook. Associate Vice President for Academic Affairs Roy Weinstock, Senior Lecturer in English

Constance Smith, Director of International Programs Brenda King, and Honor Council President John Anstey were the four members present during Abrams' hearing. King, Smith, and Anstey all refused to comment, citing the board's responsibility to protect Abrams' right to confidentiality.

"I want any information that comes out of that committee to come from the chair," said King.

According to several sources, Abrams, a senior international affairs major from Newport News, was told last spring that he would be an R.A. on a coed floor in upperclass Jefferson Hall for the 1992-93 academic year. However, at least three women said they filed administrative complaints last spring in the hopes of having Abrams dismissed from his new position.

At least two women also met with Anderson during exam week last spring. None of the women who filed complaints would be specific about their complaints. However, they did confirm that their concerns were about Abrams' appointment to an R.A. position on a coed floor.

"He was quite aggressive and it really scared me," said one woman who filed a complaint. "That was why I was concerned when he wanted to be an R.A."

The woman said that she received a letter this summer from Warlick saying that Abrams had been dismissed from his R.A. position in Jefferson. Another woman who said she filed a complaint said that both Warlick and Associate Dean of Residence Life Peter Lefferts apologized to her and said that the complaints would be "looked into."

"I told him (Lefferts) that I didn't feel comfortable around him (Abrams)," the second woman said.

Abrams told the *Bullet* he was informed by the Office of Residence Life that he was being dismissed as an R.A. as a result of allegations that he had consumed alcohol with his residents.

"I was told that Residence Life had received a letter basically about how Residence Life needed to improve. One line out of this letter was that 'Rob had a beer with a resident' and that I was underage," said Abrams. "I appealed and the appeal was denied."

According to Residence Life Dean Lefferts, Abrams' dismissal was brought on by a combination of things.

"There was a question of performance and alleged rule violation," said Lefferts. "Any time an R.A. gets involved in an alleged rule violation they meet with either their supervisor or me."

Lefferts said that he met with Abrams to discuss the alleged violations and that Abrams was dismissed from his position. Lefferts declined to comment further or to discuss the sexual assault charges filed against Abrams.

After being dismissed as an R.A., Abrams was placed in a single room in Hamlet, the men's leadership house

on campus.

A third woman who filed a complaint about Abrams' R.A. position said she was pleased that Residence Life dismissed Abrams from his position. She said she filed a complaint during exam week last spring because she was concerned that Abrams was going to be an R.A. on a coed floor. She said she and another woman also met with Anderson to make him aware of their concerns.

"He was very understanding. He seemed very concerned," the woman said. "We said 'We don't think Rob should be in a position over women.' I think he thought this (having Abrams dismissed from his position as R.A.) was the best route to take."

As a result of Abrams' suspension and subsequent withdrawal from the college, the position of Student Association Vice President is now vacant.

As Vice President of the Student Association, Abrams' responsibilities included acting as president of S.A. in the absence of the president, serving as President of the Senate, presiding over all meetings of the Board of Senate Officers, sitting on the College Program Board as a voting member, and serving as a member to the Student Finance Committee with full voice and vote.

"We have rules to handle these things," said Student Association President Williams. "If an officer is removed we have to hold another schoolwide election."

According to Williams, the vice president of the Senate temporarily acts as S.A. Vice President in the event that the vice president is absent. However, Williams said that the senate vice president can not be elected until the third senate meeting of the semester, according to the S.A. constitution. The third meeting will be held next Wednesday, Williams said.

Currently, the Chairman of the Rules and Procedures Committee, Mike Giardina, is acting vice president of S.A. Williams said that nominations for senate vice president were taken last Wednesday. Williams also said that a workshop will be held this week for students interested in running for S.A. Vice President and that a school-wide election would be held a week from Wednesday to determine the new S.A. vice president.

According to the S.A. constitution, the elected officials of the S.A. Executive Cabinet, which includes the vice president, "have the responsibility for the efficient operation of the Association, under the direction of the President of the Student Association."

Williams said that despite the vacancy left by Abrams' suspension, S.A. would still function effectively in the best interests of the student body.

"I can assure you that no matter what happens, everything will be business as usual with the Student Association," Williams said.

News Briefs

"Voices of Sisterhood"

An evening celebrating the thoughts and words of women. Sept. 23, Wednesday at 6:00 in the Amphitheatre. Faculty and students will be reading.

Westmoreland Twister Tournament

On Saturday, Oct. 3, Westmoreland Hall will be sponsoring a Twister Tournament. The cost to play on this 100 person Twister board is \$1 or free with the purchase of a T-shirt (\$10). The time of the tournament will be announced at a later date.

Bookstore Fashion Show

The MWC bookstore is holding a fashion show featuring Campus fashions that are sold by the bookstore. The fashion show will be held on Friday, Sept. 25 at 7:30 p.m. in front of Lee Hall. The

The *Bullet* will accept news briefs under 50 words. The deadline is every Thursday. For more information contact Kristen or Janet in the *Bullet* office at x4393.



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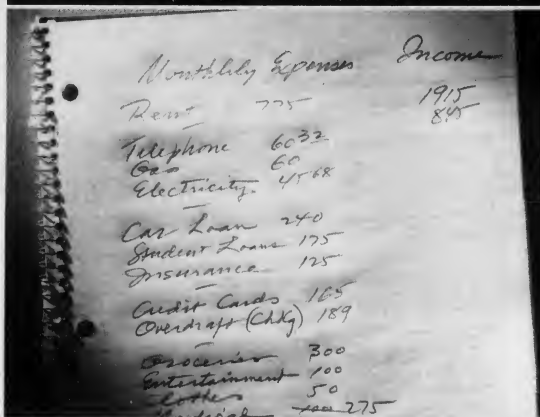
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Angel To Coordinate Sexual Assault and Substance Services

By Sarah Cox
Bulletin Staff Writer

Victims of sexual assault have more opportunity for support on campus this year than ever before.

Rhonda Angel, Assistant Dean for Residence Life, now also holds the position of Coordinator of Sexual Assault and Substance Abuse Services. Her position is part of a larger wellness program which confronts other problems such as sexually transmitted diseases. It also provides peer education, and CPR training.

Any victim of sexual assault or a friend of a victim can go to Angel, who will make sure that person is aware of all the services available to them in the community as well as on campus, including the Rappahannock rape crisis center in Fredericksburg. Angel said that she will then make sure that the individual is satisfied with all the services she receives. If the victims are not satisfied, she will assist them in finding another service to help them.

Angel's next step is to discuss judicial prosecution with the victim and go with her to see the appropriate dean if she decides to prosecute. If she feels that the victim can handle it, she recommends that they prosecute. Sometimes the victims are just too shaken up to go through the process, Angel said.

Since co-authoring the college's sexual assault policy in 1991 with staff Psychologist Nancy Bailey and co-chairing the committee on sexual assault, Angel is also recruiting and training 20 peer educators.

Governor Wilder's task force recom-

mended that colleges and universities create the position of Coordinator of Sexual Assault and Substance Abuse Services.

Angel agrees that this was a good idea because of the numerous requests for sexual assault services from the students. 41 student cases were reported during the '91-92 school year. 17 of those cases reported occurred before the student came to college but the student was still having trouble coping, according to Angel.

"Although we're taking as many steps as we can to help, it's still a new process for us and we're still learning what other things we need to do," Angel said.

While anyone facing sexual assault can go to Angel, Bailey will be leading a confidential support group for survivors of sexual assault beginning Oct. 5. Bailey has been leading the group since 1988 and had nine members last year.

She requires a personal interview prior to the first group meeting to help each person decide if she is ready to share her situation in a group setting. "You have to be comfortable enough to talk about your feelings and not just listen to everyone else, or it won't be a support group," Bailey said.

Bailey said she tries to help each participant formulate a goal of what she wants to accomplish in the group. Using an example, Bailey said that if a girl had been date-raped and never told her family, her goal might be to tell her mother.

"You have to break the secrecy and work on how the situation is affecting you right now," Bailey said.

Perspective group members need not feel threatened, Bailey said. The group begins with sexual assault education and group members learning to respect each other. Conversation doesn't get personal until everyone has time to get comfortable, Bailey said. She said most people never feel completely ready to share that kind of experience.

"Because there is so much denial involved in sexual assault, it probably means that there are a lot more unreported cases out there. It's a good step for a victim just to ask for help."

Students are also trying to help prevent sexual assault. The peer educators on sexual assault, chaired by junior Amy Van Dillen, are working on programs to go into dorms and classrooms to discuss prevention measures and what to do if you or someone you know is sexually assaulted.

Van Dillen, a peer educator majoring in psychology and education, became an educator partly because she has known several people who were sexually assaulted.

"We specifically want to make an impact on the guys because once they know exactly what sexual assault is, they can recognize it and prevent it," Van Dillen said.

Anyone who has questions about sexual assault counseling can contact the MWC Psychological Services Center at X4361.

CITY— from page 1

everything, but for me the real issue is parking," said Poysk.

According to City Council member Mary Francis George, the purpose of the forum is to identify problems between the city and the college and to work to alleviate them.

"Our motive is to solve this problem jointly," George said. "What we are trying to do is to communicate and we wanted the students to be part of the process."

Formal complaints have been made to city officials by Fredericksburg residents that students have parking in front of residents' homes. George said that the college has not provided adequate parking for its commuter students.

"It is the administration's responsibility to provide parking if they want to expand," said George.

George said she feels that the college has not met its responsibility in providing parking for its commuter students.

"Permit parking is a double-edged sword," George said. "Not only will it inconvenience students, but it will also inconvenience residents as well."

Betty Gordon, College City Council Member, suggested a long range plan for the college to solve the parking problem. She suggested that the college meet it's responsibility by building parking decks or revoking freshmen parking.

Many students interviewed, however, feel this plan is not feasible for reasons including cost and safety concerns regarding night students.

According to George, parking is not the only problem facing the city and the college.

"The real issue is growth and its impact on the neighbors around the college," said George. "We do not like to look at this as residents versus students."

Legislative Action Committee chairperson Jacobs is frustrated that the task force is not solely focusing on commuter parking.

"Parking is the main issue, but it has turned into everything under the sun," Jacobs said. "Every problem is the college's problem. We are the root of all evil in the city's eyes."

Jacobs feels the various issues being discussed at the forum will take the focus away from parking.

Gordon commended MWC students for getting involved in relations between the city and the college.

"Since they (MWC) are a state institution, they don't have to answer to local authorities, but now that the students and the city are involved, we have gotten their attention," said Gordon. "I applaud the students for taking the initiative and making these issues aware. Perhaps now we can get some of these issues ironed out."

Some students, however, remain unconvinced of the residents' good intentions toward the college.

Student Association President Devon Williams said, "We feel that there is a lot of college bashing and it is mostly directed toward the students."

Williams added that students help support local business and that the students' families are often prospective tourists.

In order to prepare for Thursday's city council meeting, an open forum will be held 6 p.m. at Wednesday, Sept. 23 in Monroe 104 to inform students about the issues of commuter parking, vandalism, littering, and noise pollution.

CLASS— from page 1

next day because she felt that Buccellato did not receive fair treatment. The GPA required to remain on the council is 2.0. Buccellato received a 1.93 for the 1992 spring semester.

Peyton said she was pleased with the way the Executive Council handled the situation.

"They handled things in a very professional way and treated me the same as any other applicant. I never figured 'Well, I'm already on class council so I have an in,' Peyton said.

The Executive Council received two applications for the position of president, two for vice president, and three for publicity chair.

According to Class Council President Kelley Helmsstuter, the Executive Council chose the applicants who they felt had the most experience.

"Both girls chosen had previous Class Council experience, are responsible, and enthusiastic," Helmsstuter said. "I'm very enthusiastic about the whole group."

According to the Mary Washington College Class Council constitution, in the event of a vacancy, the Executive Council takes applications for the position rather than another election.

According to the constitution, amendments to the constitution must be approved by a two-third vote of the class council members.


Helmsstuter said that the Executive Council will look into changing the Class Council constitution so that students will be able to elect replacement officers rather than going through the application process.

"There are problems with the application process because it is so much work for us. On the other hand, though, it gives us an opportunity to pick people we know we will work well together," Helmsstuter said.

Junior class officers begin planning Halloween and Junior Ring Week even before school begins.

"I had no idea that so much planning went into junior ring week," Peyton said.

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Opinions

TRUTH HURTS...



Editorial

In the Virginia criminal justice system, sexual assault has a sentence of six months to five years. Aggravated sexual battery, one to ten years. Rape, five to life imprisonment.

At Mary Washington College, students who are accused of these crimes are not sentenced by a judge and jury; they are tried before a Student Conduct Hearing Board. This board, which is composed of two students and several administrators selected by President Anderson, decides the fate of the student who allegedly committed the crime. Their recommendations are submitted to the president for approval. He cannot make them harsher only more lenient.

If a student is tried before this "jury," their maximum punishment is expulsion. Their sentence is not anything like prison. The intent of a prison is to make criminals "pay" for their crime by serving time to the state. Living at home and working does not have the same effect, especially for someone who is legally old enough to serve a prison sentence.

MWC student records are different from a criminal record, which affects everything from one's bank account to insurance. Future schools and employers will only see this "conviction" from the student conduct board if the accused chooses to show them. Nothing is placed in a formal file which lets a potential employer know the background of his applicant.

What effect can this have on someone who has committed a crime which is illegal by state legislation? Most students here are old enough to be tried and sentenced in court. If they committed any other crime, like selling or using drugs, they would be tried and possibly convicted.

The charges for these crimes, unlike rape or sexual assault, are filed by the state, and not by the victim. Students at MWC who have been assaulted need to go to the Fredericksburg police. If they are going to file charges, they should be in a criminal court of law where professionals, not administrators, hear the case. If convicted, the accused serves a sentence or pays a fine, which is legal for anyone over 18.

Many students feel that they are being put on trial when they go before a state court. Students who are victimized by sexual assault should not be made to feel like they will be put on trial. It is the accused who has allegedly broken the law, not the accuser.

We can understand why students would want to use this board. It is a quiet, simple way students can work within the system. The confidentiality that the board provides, however, protects the accused as well as the victim. The college also wants to protect its image by keeping the illegal acts which are committed a secret. Potential students will keep applying and entering MWC unaware of any problems.

College students are not teenagers living at home anymore. We're on our own now and we need to be able to deal with trouble as it arises. We need to learn to live in the real world and pay attention to its laws. If we break them, we need to be aware that we can be held accountable for the action and to pay the real price for our real crimes.

A.H., A.F.

Letters to the Editor

Voting, Parking Calls for Responsibility

As an over-thirty year resident of College Heights, a former extension course graduate and a parent of an MWC graduate, I am concerned that a few basic concerns appear to have been blown out of proportion.

Street parking is one such item. We residents have usually coped with the needs of the commuting day-time students as well as our own. The issues are not them vs. us or vice-versa. Our own surveys show a willingness to share the parking with commuting students as we have for many years. The problem is that we do not think it fair that we should be pushed out of our own area. Senior citizens and mothers with children need parking close to home and not a block or more away. We have always shared the rest and plan to continue the practice. Second, the "problem" appears to involve students of MWC that do not abide by their basic agreement or contract with the college by putting a proper MWC decal on their cars that they use (a violation) and do not appear to abide to the letter and spirit of the Honor Code of MWC. The number is probably less than one percent!

Voter registration is a rare issue. Under proper application and compliance with Virginia State Code, a Student, renter or resident, can be-

come a registered voter of this city. It is controlled by State Law (Virginia State Code) NOT the City Council as suggested on page 5 of the September 8 edition of the *Bulletin*. The applicant fills out the form and signs his OATH as printed thereon. You must remember that as a citizen you will be able to also enjoy our taxes and other responsibilities of local citizenship. A call to the DMV received a reply that the vehicle and operators licenses should be changed to the new local address within 30 days. Out-of-state people will be expected to obtain Virginia plates, licenses and vehicle inspection stickers as part of the responsibility as a new citizen of Fredericksburg. Those who do so will be creditable and patriotic citizens. So, why the rhetoric and misunderstandings? At this time there is no known question on the November ballot concerning parking on College Avenue or "parking" at any other location. Have a good year.

Frank E. Brooks

Fredericksburg resident

MWC Administration Responds to Allegations of Irresponsibility

I am responding to the September 8 article concerning the resignation of an Admissions Office staff member. I cannot, and will not, discuss information contained in confidential per-

sonnel files. However, I can, and must, address attempts to impugn my character and to distort the facts.

First, let me say that attacks on the "administration," while popular, are counterproductive at best. The "administration" is not some nameless, faceless monolith. I am an individual who is being accused of engaging in "biased, unfair, and other unprofessional practices." Persons on this campus who know me realize the absurdity of such allegations.

Second, contrary to the article, there is no single job on my staff titled "Minority Recruiter." Every member of the admissions staff is fully aware of my personal commitment to and the college's priority upon the recruitment of a more diverse, multicultural student body. All admissions staff members assume significant program responsibilities in these efforts. Furthermore, staff duties and responsibilities are distributed equitably, rather than being "put upon" individuals unfairly. An ongoing study of all administrative faculty positions by the Office of Personnel Services will confirm this fact.

Third, the two administrative staff salary adjustments which were made last year were intended specifically to address past salary inconsistencies. The faculty are aware of similar adjustments that were made within their ranks, and President Anderson has spoken publicly to these issues on several occasions. The adjustments

received by admissions and financial aid staff members represent the administrative faculty equivalent of the faculty adjustment plan.

Fourth, annual performance appraisals are based upon specific, observable criteria. Items on the "Performance Characteristics/Personal Attributes" section of the appraisal form are far from peripheral issues—they are central elements of effective performance as an administrator. Performance appraisals are not utilized for

see LETTERS, page 5

Your Voice . . .

How do you feel the college deals with the incidence of sexual assault/rape?



Scooter Wooldridge
'94



Sherree Harrell
'94

I think the College tries to make it look like it's responding though it is still elusive; a friend was kicked out of Admissions Club for admitting rape occurred. This demonstrates the way it tries to sweep problems under the rug, hoping no one will notice.

As a freshman, they give you a lot of info about rape. The only way a person can be helped is to ask for help. I think the college would do its best to help.



Ni Luu
'96



Tim Lutero
'94

I wasn't really informed on a lot of rape issues. But I would like to learn more about it.

Up until recently, I think the College had been trying to downplay the presence of sexual assault on campus. Now, they're taking steps to remedy that.



Sandra Phillips
'94



Dave Sturgeon
'94

I've heard the administration offers counseling but have never dealt with it. The administration probably handles it in the same way they handle everything else—in a not so desirable way.

From what I've heard of the sexual assault cases, this school has little tolerance for any type of sexual assault, which is the best way to handle it.

The Mary Washington Bulletin

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Editorials represent the opinions of individual Bulletin editors and not necessarily those of the college, student body, or editorial board. Opinions expressed in columns, commentaries, and letters to the editor do not necessarily reflect the views of the Bulletin.

Women's Issues Spawns Reactionary Action

Kelly Becker
Columnist

As I walked down campus walk putting up flyers for International Women's Equality Day, a student commented that it would be impossible to have a Men's Equality Day. This attitude is needlessly reactionary and defensive. Awareness campaigns such as these are not intended to provoke hostility, fear and resentment. They are supposed to generate greater understanding, support, and concern for women and the unequal treatment we receive on the job, in the classroom, and at home.

No matter what the popular media may speculate about how American women have achieved full equality, it is simply not so.

Of all full time working women, 75% earn less than \$20,000 annually. Women are far more likely to live in poor housing, receive no health insurance and twice as likely to draw no pension. Of employed women, 80% are in "female" jobs, such as secretaries and sales clerks. Women constitute less than 8% of both fed-

"Of all fulltime working women, 75% earn less than \$20,000 annually."

eral and state judges, 6% of law partners, and .5% of top corporate managers. There are only three female state governors and only two female U.S. senators. Women still shoulder 70% of all household duties, and only ten states have laws mandating arrests for domestic violence. (Statistics from Susan Faludi's Backlash: The Undeclared War Against American Women)

The United Nations report for the 1975-1985 Decade on Women states that women constitute half the world's population, perform nearly two-thirds the world's work, receive one tenth of the world's income, and own less than one hundredth of the world's wealth. These statistics undeniably prove women, and especially minority women, do not truly enjoy full equality.

LETTERS from page 4

"personal vendettas" or any other inappropriate purposes. Fifth, the College's Administrative Faculty Handbook provides each employee with clearly defined complaint and grievance procedures. These channels may be utilized at any time an individual feels unfairly treated.

Finally, I must comment on the Bulletin's handling of this story. While no one disputes the right of a disgruntled employee to air opinions, responsible reporting would dictate some balance in such a potentially inflammatory piece. The statement that I was "not available for comment" implies inaccessibility. In fact, the reporter called my office after 4:00 p.m. on Friday afternoon, when I had departed for a family trip out of town. The story was "closed" by Sunday, before I even learned of its existence. The one admissions staff member who was contacted for comment could not respond because he had no knowledge of this confidential matter.

It is most unfortunate that this matter has been placed in the arena of sensationalistic journalism. The Office of Admissions will continue efforts to pursue quality and diversity in our student body. While there are already many positive features of Mary Washington College, we always strive to make it an even better place.

Martin A. Wilder, Jr.
Vice President for Admissions and Financial Aid

Bush Bashing?

I was very disappointed after reading Anoreia Hatch's article on President Bush's visit to Fredericksburg. The article was a very one sided piece that should have appeared on the editorial page. There were numerous quotes from students who attended the speech. Not one of these students had any kind word for President Bush. Many who were present at the speech, myself included, went to show support for Bush. How is it possible that only the liberal viewpoint was expressed when there were obviously so many Bush supporters present. It appears to me that the Bulletin is following the example of almost every major newspaper in Bush bashing.

Mary Trocchia
Junior
Senate Misunderstanding Prompts Apology

I would like to take the opportunity to explain and defend myself with regards to the motion I put forth at the MWC student Senate meeting on September 16, 1992.

Before the meeting had begun, I was approached by an individual who asked me to put forth a motion on his behalf. The motion called for the freeing of funding to the Bulletin unless they agreed to publish the minutes and other business of the Senate. This motion was not an attempt to infringe on the paper's first amendment right of freedom of speech, rather it was an attempt to persuade the paper's staff to print our business. In my haste before the

action that I had proposed would be illegal. Under no circumstances would I have put forth this motion had I been aware of this.

I would like to apologize to the members of the Bulletin staff and to the members of the Senate whom I may have offended. I believe that the Bulletin should find the business and proceedings of the Senate newsworthy. However, I do not now believe that anyone, including the Senate, has the right or the power to force the Bulletin to print the proceedings.

I have learned my lesson and I hope that other Senators will examine the issues that they bring forward as well. As Senators we must strive to make the campus aware of the happenings in Senate. That is our job and not the job of the Bulletin. Again my sincerest apologies for my statements and proposed.

Brady Chapman
Senator

Letter Policy

The Bulletin is always eager to receive letters to the editor and every effort is made to print them.

Letters to the Editor should be approximately 350 words, typed double spaced. All letters are subject to editing. Our deadline is every Friday by 2 p.m.

The Bulletin does not publish anonymous letters. All letters need to be signed with the writer's appropriate title. A phone number and address is also needed for verification.

All letters can be mailed to the Bulletin at 1701 College Ave., Fredericksburg, Va. 22401 or delivered to our office in the Woodard Campus Center. If you have any questions call Andrea Hatch or Amy Fitzpatrick at 899-4393.

WEEKEND — from page 10

back this year." After lunch, visit Brompton, the home of the president of the college, William M. Anderson. After your tour, why not stroll on over to the Battleground complex and cheer for one of the many teams that will be playing.

Cheer for our field hockey team as they play against York College, or root for the home team over at the baseball field where the men's baseball team will be taking on rival Prince George. If sports do not get your blood pumping, maybe a scenic tour of historic Fredericksburg would be more up your alley. A tour by bus is available and sponsored by the Historic Preservation Club.

For evening entertainment, the annual Talent Show at Dodd Auditorium. Afterwards there will be a "meet the cast" reception in the Great Hall.

"There is a wide variety of talent here at Mary Washington. The talent show shows the talents of all our diverse students," said Naggs. "It is so successful that we basically build Family Weekend around it."

Any Club or individual interested in writing a column for the Bulletin, please contact Amy Fitzpatrick in the Bulletin Office on X4394.

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Help promote awareness and prevention of sexual assault. Anyone interested in helping with activities should attend the **SEXUAL ASSAULT AWARENESS COMMITTEE** meetings **TUESDAYS AT 1:00 PM** in the

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Features

Fountain of Youth Found In Weiss' Westwood Deli

By Lori Betourne
Bulletin Entertainment Editor

Teresa Roberts, an employee at the Westwood Deli, did what many restaurant workers have nightmares about doing. As Roberts was giving a soft drink to a customer, she spilled it all over the woman, soaking a delicate white blouse and khaki pants. Embarrassed and horrified, Roberts apologized to the woman, even worse though, she feared her boss' reaction. He had been standing right next to Roberts when she spilled the drink. "Now Teresa, how many times have I told you not to spill the drinks on every twelfth customer? I'm really sorry ma'am, we're trying to work on her problem," said Ron Weiss, Roberts' boss.

This unexpected and humorous reaction is what makes customers and employees, like Roberts, enjoy knowing Weiss. He is part owner of the Westwood Deli and Tobacco Barn in the Westwood Shopping Center, a popular place for business people to eat lunch and for college students to hang-out-and have good food. Weiss commits himself to good service and quality food at a low price, which is especially at-

tractive to college students, in addition to offering them free fountain drinks after 4 p.m., and a 10 percent discount on their order.

"I'd like to relate to people, and I honestly believe interacting with college people keeps me young. I love it," Weiss said.

Weiss shows off his youthfulness as he bounces from customer to customer, making sure their sandwiches are just how they ordered. While he is at the deli end of the store, he spots a customer eyeing a tobacco product and jogs back to the tobacco bar to sell him the tobacco. He rarely sits down, but when he does, a table at the end of the deli becomes his "office," where he can still talk to everyone who comes in.

Weiss said he never planned on owning the store, but he decided to buy it as an early retirement. He also did not work there during the first few years, until his wife convinced him to come in one day. He enjoyed it so much, he has been there ever since.

"I'd like to relate to people, and I honestly believe interacting with college people keeps me young."

- Ron Weiss,
part owner of the
Westwood Deli

The ironic part about him owning the store, as well as working at the deli and tobacco barn is that he does not smoke and does not even know how to make the sandwiches he sells.

He admits he can only fill drink orders, tend the cash register and make the customers happy.

"Here, let me get you a menu," Weiss says to each customer who enters the restaurant. "On the front are all our subs and on the inside are all our special sandwiches. Think about what you'd like and when you're ready to order, the pretty young lady will take your order."

One of those ladies who takes the customer's order is Jane Partridge, a senior at Mary Washington. Partridge has worked with Weiss for over a year. She said Weiss is protective like a father and is always willing to listen to her problems and give advice. She and some of the other employees even call him "Papa Ron." "He's got that sense of humor and personality that makes light of everything. Like, if we drop a pie or something he'll make a joke about it," said Partridge. "He makes work so much easier. I wish every boss of mine could be like Ron."

Having Weiss as a boss was a little overwhelming for Elizabeth Hensley, a MWC senior, on her first day. On her first crowded Saturday afternoon, a group of baseball players filled the store and kept her busy making sandwiches while Ron rung up the orders. Instead of being strict and demanding with Hensley, Weiss made jokes about her making good sandwiches for the good-looking young men.

"Come on now Liz," Weiss said to Hensley. "You want to impress these



The Westwood Deli attracts MWC students as well as businesspeople.

Photo By Mike Woodward

guys, don't you? Well, if you do a good job, I'll let you stop and flirt with them for a while."

Weiss not only carries on this rapport with his employees, but also with the customers who come in for tobacco or sandwiches. Ryan Young, an MWC junior, comes to the deli for dinner with some of his friends, when he's not working. Since business slows down in the evenings, Weiss spends a few minutes catching up on the latest news at the college. Except for Weiss' silver hair and slightly wrinkled skin, he fits in like one of the college guys talking about baseball, tests and parties.

Young said, "Ron makes you feel very welcome there and he does it because he wants to. It's not fake. It seems like he knows you really well

and treats you like a good friend."

Weiss loves to tell Young and his friends about his great memories about his college years at the University of Maryland. He even styled the deli after a place he used to frequent during his college days. He thought MWC students should have a place to relax and get good food, just like he had.

According to Weiss, it is also important to offer employment opportunities to college students. Currently eight of the eleven employees are from MWC. Weiss likes being near the college because it allows him to support the sports teams like men's rugby or baseball, as well as offering catering services to college events, like the Summer Leadership Conference.

MWC students are not Weiss' only customers. There are many business people who visit the deli for lunch each day. Some of the "regulars" even have food bills that they pay at the end of each month.

Hensley recalled an incident when a regular came in and introduced Weiss to one of his former high school classmates. "It was obvious this woman was very, very old, and Ron goes, 'You mean, you've graduated from high school? You're kidding me?'" Hensley said.

Weiss' light-hearted attitude is part of his personality as well as part of doing good business. Michael Bass, a biology professor at MWC, goes to the deli frequently for lunch, and said

see DELI, page 8

The Color Of Reality Observations on Interracial Relationships

By Zelina Murray
Assistant Features Editor

Editor's Note: This is the first article in a series about interracial relationships on the Mary Washington College campus.

In 1967, sixteen states, including Virginia, had laws against miscegenation. During this time, interracial couples were prevalent among the lower class. Today, this is no longer true as more interracial couples occur among the middle and upper class.

Interracial dating became more widespread in the 1960's when blacks and whites were first able to interact socially and take a stand on the same side of an issue. Later in 1967, the Supreme Court ruled that prohibiting interracial marriages went against the Fourteenth Amendment.

In a country still obsessed with skin color, mentioning the term interracial dating conjures up debate and discussion among blacks and whites. For 1992 Mary Washington College graduate psychology major Wilma Brooks, and several other Americans, it also conjures up a myriad of stereotypical reasons of why people date interracially.

"Black men date white women because she is the epitome of beauty. White women date black men for their sexual reputation," Brooks said. "Black women date white men because they can provide better material means for them, and white men date black women because they can."

In the year 1992, is interracial dating and marriage a good or bad idea? Do these stereotypes paint the real picture of interracial dating? Is skin color still a factor? Students and faculty of MWC express their opinions and experiences concerning interracial dating and share ideas about strengthening race relations on campus and beyond.

Culture Shock

Former student Michael Lerner got his wave of culture shock while walking around campus with a group of guys he had met from his summer Preview session.

"I was walking with these guys and I saw this really pretty girl and I said, 'Wow! Look at her,' and they were like, 'Look at what?' and I said, 'Her.'" Lerner paused. "Then I noticed they were giving me these funny looks, as if they couldn't seriously believe that I was talking about a black girl looking good."

Lerner, from Columbia, Maryland, attended a racially mixed high school where interracial dating was common. "I dated interracially in high school, but here you rarely see blacks and whites dating." He stopped for a moment, reflecting. "You rarely see blacks and whites interacting."

Lerner said he wasn't anticipating a big change in attitude from high school to college. "For some reason, I just thought that every place was going to be as liberal as Columbia."

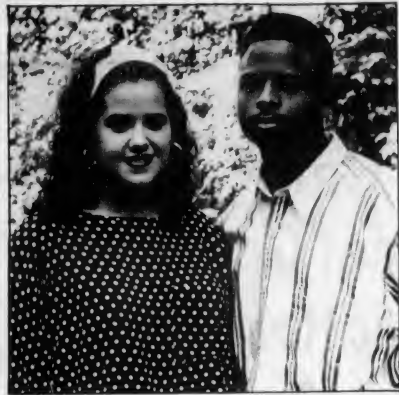
He smiled, adding, "I also thought that everyone was going to think like me."

Lerner said, "It's funny because my best friend, who's black, told me that it was going to be different here and I just knew that he was going to be wrong. I never dreamed it would be like this! I mean everyone is so separated. I guess I was wrong," Lerner said, with disappointment, looking around the Rose Room's crowded quarters.

"But this is not my high school, this is Mary Washington," Lerner said, "and this is not Columbia, this is Fredericksburg."

A Step Back In Time

"Some people in this town are so ignorant," Bryan Ryals said. His girlfriend Amy Benedetti, who is white, sat beside him nodding in silent agreement. "This town is like a



Juniors Amy Benedetti and Bryan Ryals

Photo By Sunday Frey

step back in time."

Juniors Amy Benedetti and Bryan Ryals are easily the most visible interracial couple on campus. The two met each other the first few weeks of their freshman year and have been dating each other for two years now. While they have received nothing but approval from their friends and family concerning their relationship, outsiders have been less than welcoming in the Fredericksburg community.

"I remember one time, during our freshman year, when we first started dating," Benedetti said in her thick Rhode Island accent, "Bryan and I walked to downtown Fredericksburg with some friends, who were also black, and this car with a group of white guys in it rode by, and they started yelling obscene things directed to Bryan and I." Benedetti recalled. "I remember being hurt and disappointed, but it's the kind of thing that we can easily ignore - now."

Benedetti said, "After a while, you become numb to people's stares and words."

"People who don't know us feel that there is some kind of 'jungle fever' going on," Ryals said, borrowing the popular term originated by filmmaker Spike Lee, that means getting involved with someone of an opposite race for sexual pleasure and curiosity. "Many black women, when they see us, have already established in their minds that I'm only dating Amy because she's white," he

said. "It's on their faces."

Ryals said, "I think the media has put so much pressure on the black male to date intra-racially. Because of the black male shortage, black women are just negative when it comes to the idea of a black male dating a white female."

In the United States, black women outnumber black men by 1.5 million, and last year 71 percent of black and white marriages occurred between black males and white females compared to 29 percent between white men and black women.

Ryals, who's father is retired from the military, has travelled and lived in many different countries. Ryals feels that interracial dating is viewed differently all over the world. "In Holland, for example, it seemed to be more acceptable," he explained. "Here in the United States, however, there's still a lot of tension being felt between the races."

Ryals said, "I interracially dated in high school but nothing positive was ever said about it. It was always something negative."

Benedetti attended a predominantly white private high school and said that most of her interaction with blacks took place outside of school. "There were two black kids out of 600," she said. "I would meet and hang out with other blacks at the clubs from weekend to weekend, but

see RACES, page 8

Lithuanian Trip Opens Eyes Of MWC Students

By Emily Trexler
Bulletin Staff Writer

Beautiful buildings, spotless neighborhoods, and hospitable conditions may not have been quite what a group of nine American students expected to find when they arrived in Vilnius, Lithuania, but that was exactly what was awaiting them.

Although they had braced themselves for a run down, unkempt landscape, they saw clean streets and historical buildings. "The place was very beautiful, like a fairy-tale. It struck me as being more European than Soviet," said Mary Washington College sophomore Anne Shukis.

"[Vilnius] was full of gorgeous cathedrals to visit that have just been reopened," said Shukis.

Junior Ronna Winn said, "The entire city was like one huge maze to explore. I was constantly finding new things to look at."

The group included Shukis, Winn, Jason Ackerman, and Marla Bennett, all MWC students. Dr. Richard Krickus, a political science professor at MWC, accompanied the students. The other four in the group included MWC alumnus Sydney Doecker, Elaine and Xan Frey, who are of Lithuanian descent, and Doug Kineoff, a member of the military.

"We had an excellent cross-section of people of all ages and disciplines," said Winn.

The group arrived in Vilnius in early June of this year in order to spend a month interacting with Lithuanian people and observing the remnants of a once Soviet society.

Lithuania, a former province of the old Soviet Union gained its independence in 1990. Since then, the country has been struggling to perfect a new system of government in the midst of a depressed economy.

While there, the group stayed in dormitories at the University of Vilnius. They were impressed with their accommodations and were pleasantly surprised when they were given plenty of good food and hot water. At the university, they were required to take two seminar classes taught by Krickus. These two classes were Ethnic Conflict and New World Or-

der which gave the group a better understanding of what was going on in the country around them.

The group was also given the opportunity to hear many different political speakers. Brazauskas, head of the former Lithuanian communist party, spoke to them about all the changes that had occurred. According to Shukis, he pulled out of the Communist party when he realized that the system was not effective. Some believe his change in status facilitated the fall of the Soviet Union. However, now he has become a great patriot of the Lithuanian people.

They also heard a member of Sajudi, a Lithuanian independence organization, speak. According to Shukis, Sajudi is attempting to rally support to remove the rest of the Soviet troops in Lithuania. The troops do not want to leave because living conditions are so much better in Lithuania than in Russia.

The country is currently wrapped up in what Winn called a "Resurgent of Lithuanian Nationalism." Winn said that all the Lithuanian clubs are geared toward the emphasis of all forms of Lithuanian culture such as music and language. "The people would not speak in Russian to us even though they knew the language," said Winn.

Shukis described the Lithuanian people as "very serious and didn't smile much but were very friendly once you got to know them."

Winn said, "The Lithuanian people are a very proud people, very proud of their culture, and very eager to make things in their country as presentable as possible."

The group also visited other places in Lithuania in addition to Vilnius. They toured the island of Neda, an expensive summer resort. According to Winn, although it served as a rest home for paid vacations under the Soviet system it is now nothing more than a playground for the rich. "The island was covered with sand dunes and much like an American resort with paddle boats and seafood restaurants," said Shukis.

They also toured the island of Trakai which had castle on in dating back to

see LITHUANIA, page 8

DELI

from page 7

he enjoys the comfortable atmosphere of the deli, and particularly Weiss.

"He's someone who is interested in giving good service and good food at a low price, and put in extra effort to make sure his customers are satisfied," Bass said. "He is always cordial and gives a happy greeting."

Doing business with people is what Weiss has done for most of his life, although he almost became a dentist. He is originally from the Bronx in New York City and completed the pre-dental program at New York University. After having second thoughts about being a dentist, Weiss joined the army and was stationed at Walter Reed Medical Lab in Arlington, Virginia - in the dental lab.

"I never really wanted to be a dentist," Weiss explained. "My parents were European immigrants and they expected everyone to be a professional. Mine wanted me to be a dentist, but I just wasn't interested." After getting his bachelor's degree in business administration from Maryland in 1956, he joined the May Company to be a supervisor for the shoe department and after a short

time, he became a fashion buyer for JCPenney. Weiss started buying for stores in Baltimore, Washington, D.C., and Virginia, including the one in Spotsylvania Mall. Weiss moved to the Fredericksburg area 12 years ago to buy fulltime for the Spotsylvania JCPenney.

"Having previous experience with business has helped me a great deal with this. It eliminated a lot of mistakes like in making budgets, buying, evaluating cost for the upcoming year and deciding on salaries."

Ron Weiss,
part owner of the
Westwood Deli

know what to look for now so things run much smoother," Weiss said. Weiss said he wants to continue the "homey" atmosphere of the store, although he might make a few structural changes, such as adding mirrors along the walls to make the area look bigger. He doesn't have any other big plans except to retire in five years. Weiss added that he will have more time to devote to his other interests and hobbies, even though he will miss the deli and tobacco bar.

"I'm just happy with it all. It's relaxing to come here and I enjoy coming every single day. It's never gotten boring. I don't even care about the money, I'm just here to have fun," Weiss said.

RACES

from page 7

I had never dated any black guy before exclusively."

Benedetti said, "I know that there would have been no problem for me to come home with any of the guys that I had met at the club and to have introduced them as my boyfriend to my parents."

While both agree that race relations have come a long way, they feel that there is still room for improvement. "I feel that there is still a considerable way to go. I feel that I should be able to date who I want to date without having to tolerate the judgment of others," Ryals said.

Benedetti nodded her head, and said she feels that people should stop separating themselves less and start trying to learn from one another more. "If we are ever going to learn from one another it has to be done standing side by side and not head to head."

"Of course we're going to have kids" Assistant Professor of History Bruce O'Brien chuckles at the thought of having children. "Of course we're going to have kids—we'll raise them Jewish," he declared with a smile, while his gold Claddagh wedding band gleamed from lights in the Eagles' Nest.

Bruce O'Brien, who is Irish-American, has been married to Shillest Clayton, who is black, for about a year and a half. The couple met in New Haven, Connecticut and have relocated from Alexandria to Fredericksburg. O'Brien said that they have received no racial harassment from Fredericksburg locals.

"It's very obvious we're together when we go out, we hold hands, she's not walking five feet behind me or anything," he said. "Then again, we haven't been down to Goolrick's Pharmacy where there's a lady behind the counter that rationalizes that because the red and blue birds don't mix that the races shouldn't either." O'Brien and his wife, began dating during the period of the Bensonhurst

trial. The trial, which ironically was the inspiration for filmmaker Spike Lee's movie about interracial romance, "Jungle Fever" dealt with the murder of Yusuf Hawkins, a black teenager, who had been killed because he was seen talking to a white woman in the Bensonhurst section of New York City.

"We walked by that courthouse everyday and everyday people would shout nasty things to us," he recollects. "There would be times when Shillest and I would be out and people would say things to her about me like 'Why are you with him?' and I would be standing right there," said O'Brien.

"There used to be this group of people who called themselves the Arabian Knights and they used to be in front of the courthouse everyday," O'Brien said. "They always had this velvet painting of Christ's Last Supper and on it they had blackened in all the faces and put a big 'X' through Christ, and whenever we walked by they would point at Shillest and I and say 'abomination,'" said O'Brien.

"I think that's the difference between northern and southern racism," he concludes. "In the North people are more apt to tell you what they think whether you care to hear it or not and in the South people are just polite—I don't know if that's good or bad."

A positive thing, O'Brien said, is the kindness that was shown to him by the History department, particularly Rector and Visitors Professor of History William Crawley.

"When I became a part of the faculty here, William Crawley threw a reception for Shillest and I," he said. "It was wonderful, they really rolled out the red carpet and everyone just went out of their way to make me and Shillest feel as welcomed as possible," said O'Brien.

"It was great to be so welcomed after I had encountered someone who had pulled me aside and said to me 'either you're a nut case or you know what you're doing—well, I knew I wasn't a nut case.'" O'Brien said.

That same "Do you know what you're doing?" attitude was found in O'Brien's family—one with a strong Irish-Catholic background. "My father was very conservative and

I was his only son, so I had the responsibility of carrying on the family name."

Clayton, O'Brien's wife, first went home with him to Chicago, to attend his younger sister's wedding. "Everyone was polite and they all had that initial defensive response," he recalls. "My parents used to have problems with me dating people of other religions. Now they had to deal with me dating someone of another race."

When he and Clayton were engaged, O'Brien said that he figured they would just close. "I didn't want to go through the hassles of dealing with my family's attitudes and planning a wedding."

O'Brien's family voiced their concerns about their future together. "My

father was worried that we were going to ruin each other's lives and my younger sister was concerned about our unborn kids so I was scared that they wouldn't behave at my wedding," O'Brien said.

"Then a friend sat me down and told me that my family would never forgive me for not letting them have the chance to take a part in my marriage so Shillest and I decided we would have a wedding and that we would be in charge. We decided on a small ceremony and then we'd take the families out to lunch for a reception," he said. "Well, my dad didn't show up for the wedding or reception—he had a nervous breakdown."

O'Brien said that his first reaction, to his father's condition was "to pound him," but then realized that his father was dealing with another form of prejudice. "My dad was the only Irish-Catholic in an Protestant run insurance company and he was going through a tough time with that company, promotion-wise," O'Brien said. O'Brien compared his current relationship with his father to a slow-moving glacier. "It's at the point where he'll invite us to dinner over the holidays, but that doesn't mean that we'll always go."

"Shillest's family was totally different," he said. "We had no problem; her family has a lot of interracial couples in it so our relationship was something her family was used to."

On race relations, O'Brien said that he's very surprised to see how there's very little interaction between the races on campus. "I guess you can't make people interact. All you can ask them to do is tolerate one another," O'Brien said. "It really takes a lot to just open yourself up to people. I think more opening up is needed if we're ever going to understand one another."

Next week, Asian and Hispanic viewpoints on interracial dating will be discussed.

LITHUANIA

from page 7

the fifteenth century. They also saw the city of Kaunas which is Lithuania's second largest city.

Winn said she found that Lithuanians had never even been out to eat in a restaurant in their entire lives. "They cannot even conceive of all the choices we have in the states," Winn

said. "The people are tired of the transition periods and ready to reap some of the benefits of the west."

Shukis said, "I could really tell it was a country that had been conquered for so long, but I feel that with the right leadership Lithuania could have a bright future."

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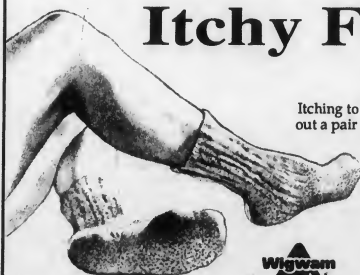
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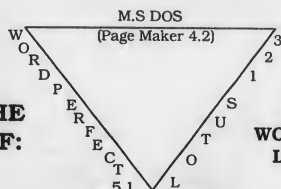
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Sports

Wilson Spreads Around Her Athletic Abilities

By Allison Murdock
Assistant Sports Editor

Most college athletes spend many hours training to excel in just one sport, but Jennifer Wilson, a junior at MWC, will attempt to master three sports in 1993.

Wilson will be participating in volleyball, softball, and hopefully basketball this year. Many athletes would find this a difficult or even impossible task, but Wilson doesn't feel the heavy schedule will add too much pressure.

"Three sports might be too much for anyone else," said Dee Conway, the head coach for women's volleyball and softball. "Jay is a strong competitor and keeps everything at a balance."

Conway also states that she is happy that Jennifer is going out for three sports this year because it was something Wilson really wanted to do. Conway adds that being able to play three sports is a luxury for Division III athletes.

"Jay is one of the most naturally talented athletes I know," said Janet Marshall, a former softball teammate.

"In tough situations, when you needed someone, Jay would make the big play."

Conway and Marshall agree that Wilson is a natural athlete with anything she puts in her hands. Conway says that Wilson is an all-out athlete and she is lucky Jennifer plays the two sports she coaches.

This year will be Wilson's first year for trying out for the women's basketball team under Connie Gallahan. Wilson has not played competitive basketball since high school.

If Wilson makes the basketball team, according to Gallahan, she will be the first athlete in the last five to play three different sports.

Gallahan described Wilson as an excellent basketball player in high school and does not really think she will have a tough time adjusting to a sport she has not played competitively in a few years.

"I was going to try out my freshman year, but volleyball was too much," said Wilson. Conway does not think Wilson will have any difficulty in excelling in basketball like she has in volleyball and softball in the last two years.

"I think she will walk on the court and be great," said Marshall. "No matter what she does - she will do it well."

"Jay is one of the most naturally talented athletes I know. In tough situations, when you needed someone, Jay would make the big play."

-Janet Marshall
former softball teammate

After her basketball season, Wilson will hit the field for the spring softball season. Conway does not feel basketball will affect Wilson's softball season in any way except Wilson will start the season later than the other players.

Last year, Wilson, a left fielder, was named to the All-CAC First Team. She ranked third on the team with a batting average of .331. Sophomore Jennifer Bushman ranked first with an average of .583 and Junior Amy Umberger second with .353.

Wilson, a Biology major with hopes of becoming a physical therapist, feels that she can find a balance between athletics and academics.

"It pushes me sometimes but if I had too much time I would just sleep or watch television," said Wilson. Outside of athletics and academics, Wilson is also involved in the club, Women of Color.

Wilson's main concern this fall is the volleyball season. Last year, the team was named CAC Champions and made it to the NCAA tournament for the second straight year. Wilson, an All-Region setter, averaged 10.3 assists per game. Wilson was also named CAC Player of the Year in 1991. Wilson led the team with a total of 1,066 assists in the 1991 season while Junior Joanne Ondrush ranked second with 83.

Conway and the volleyball team are working hard for another successful season. There are a lot of key players returning this year.

"From last year, we've lost two starters and one of these players was our number one hitter," said Conway. "It's hard to replace this position so early in the season, but there are some players who have potential to fulfill the position later in the season."

Both the returning players and the new freshman are working hard in

hopes of obtaining the main goal of making it to the NCAA tournament again.

Last year, Senior Tamalyn Reed was named Second-Team All-CAC averaging 30 kills per game and led the team in aces with 52. Maria Norford, a junior at MWC, averaged 1.6 kills per game and led the team with 35 solo blocks and 88 block assists. Sophomore Katie Eyster had 34 solo blocks and 87 block assists.

Other key returning players are Junior Ondrush and sophomores Lanie Kellon and Connie Graham.

Last weekend at the Allegany Tournament, the Eagles won five matches and lost the final match to Rochester Institute of Technology (RIT).

On September 16th, the Eagles began their defense of their Capital Athletic Conference title with a win over Gallaudet. The score was 15-13, 15-6, 11-15, 15-3.

This weekend the Eagles hosted the MWC Invitational and won three out of four games to take second place. In the first game, MWC defeated two time defending MWC Invitational Champion Eastern Mennonite College. Western Maryland College would take MWC in the second.

In the third game, the Eagles beat Greensboro College 15-7, 15-11. In their fourth and final game the MWC volleyball team would defeat Salisbury State University 15-5, 15-11.

Jennifer Wilson and Maria Norford, both co-captains of the team, were named to the All-Tournament Team. Norford made a total of 38 digs during the MWC Invitational.

Wilson was also named Most Valuable Player of the Invitational with a total of 69 assists for the four games.

The Eagles will host Johns Hopkins tonight and will kick off Parents Weekend with a game on Friday, September 25th against Hampton College.



Photo Kim Stoker

Jennifer Wilson sets up a teammate for another point in the MWC Invitational this past weekend

Sports Briefs

Men's Soccer Wins

After two straight losses, the men's soccer team beat Goucher College 3-0 on Saturday to raise MWC's record to 4-2. Forward Tony Trepal scored his third goal of the year on a penalty kick in the first half. Dodd Terry put the Eagles ahead 2-0 early in the second half with David Holt and Jakob Kramer earning assists on the goal. Sean Forde put the icing on the cake for the Eagles with a goal late in the game on an assist from Ross Ramsey.

Goalkeepers Ryan Wilvert and Sammy Clark combined for the shutout.

Hockey Places Second

MWC's field hockey team placed second in the Salisbury State Sunfest Tournament this past weekend with three wins. In the 2-0 win over Wesley, Chrissie Avery and Sam Forshey scored for the Eagles. Mer Lerley had the lone goal in MWC's 1-0 victory over Wooster in the second game. Avery scored her second goal of the tournament in the 1-0 blanking of Avery. Salisbury State took first place over the Eagles because they had a better goal differential.

Tennis Faces Division I Foes

MWC participated in the eleven school tournament with nine division I schools and another division III school.

In Flight A singles competition, Laura Graham was 4-2 and lost in the semi-finals to Temple's Emma Evans. All four of Graham wins came against division I players.

In Flight B singles competition, Leslie Roland lost in the consolation finals to West Virginia University's number one seed Missy Miller.

Baseball Wins

On Sunday, the Eagles defeated Catholic University 1-0 in the first game of a doubleheader. Pitcher Mark Mathews pitched the shutout.

Soccer Women Tested Early, Often This Year

By Tim Dwyer
Sports Editor

Despite dominating for almost the entire 90 minutes, Mary Washington College's women's soccer team went its fourth straight game without a win. Over the last ten days, the Eagles are 0-3-1.

This past Saturday, the 12th ranked Eagles lost 1-0 to the 11th ranked Trenton State Lions, who also defeated MWC last year 1-0 in the first round of the NCAA Regional Tournament.

Just as the score of this game was misleading, so is the MWC record over the past week and a half. The Eagles have played three top twenty Division III (Emory, Salem State, and Trenton State) teams and Division I power William and Mary.

"The strength of your schedule is important in determining who gets an NCAA bid," said Coach Kurt Glaeser, who has led the Eagles to the NCAA Tournament the past three years.

"The last three years our tough schedule has helped us get ready for the tournament," explained Glaeser. "By playing a tough schedule, we eventually find out all of our weaknesses."

Glaeser cited last season's William Smith Tournament as an example. In game one, MWC won with little trouble, and in the second game held William Smith, one of the best teams



Photo by Kim Stoker

Freshman Stefanie Teter looks to move the ball up the field in the Eagles' 1-0 loss to Trenton State this past Saturday.

in the nation, scoreless through the first half.

In the second half, according to Glaeser, the Eagles got hammered by giving up four goals in 45 minutes. After this game, Glaeser knew the team needed to work on conditioning.

Over the past four games, a problem the Eagles have run into is scoring goals, since they have only one goal in that span. However, senior forwards Jennifer Cochran and Ashley Young and junior forward Becky Miller have been nursing injuries for much of the season and as a result have had problems staying in shape.

Despite the recent hard times, the players do not seem discouraged. "It's a young team, we have the talent, the skill, and the time to bring it all together," said Cochran.

In addition to discovering the team's weaknesses, Glaeser likes to expose

the players to the best competition possible because it raises their play and helps in recruiting good players.

"I really like the competition," said freshman Stefanie Teter. "It will help us in the future. I'm glad we have the tough schedule at the beginning of the season."

"Ideally you want your toughest competition at home with two to three days rest before the game, but that's not always possible," explained Glaeser. "I would rather spread out our tough competition, but because of our success the past few seasons, there is continued pressure on us to play a difficult schedule throughout the season."

Glaeser went on to say that he would rather have spread out Salem State, William and Mary, and Trenton State instead of playing them within a six day period.

Runners Open Year On the Right Foot

By Jennifer Dockeray
Bulletin Staff Writer

Both the men's and women's cross-country teams captured CAC championships last fall, and both teams are optimistic about repeating that feat this season.

Under the direction of CAC coach of the year Stan Soper, the teams got off to a strong start on September 12 at the Lebanon Valley Invitational. The women's team finished second, behind Gettysburg College. Senior Lesley Krush led the team with a fourth-place finish on the 3.1 mile course with a time of 20:00. Senior Harriet Greenlee finished in 20:35, earning 10th place. Freshman Allison Coleman from Midlothian High School started her college career with a strong seventh-place finish in 20:23.

"The training here has been basically the same amount of mileage as in high school, but the competition has been a lot tougher," said Coleman. Soper expects Coleman to continue to be among his top runners through the season.

The women's team has earned five consecutive Virginia state Division II-III titles, and last year earned their second consecutive Mason-Dixon Conference crown. They placed second in the NCAA South/Southeast regional, but they trying not to think



Photo by Mike Woodward

MWC's cross country at a recent practice.

that far in advance this season.

According to Soper, "We have some goals in the back of our minds, but we've decided to go step by step. We're hoping to be competitive in major meets, but it's a little premature to make bold statements."

A change in NCAA Division III regulations did not allow varsity teams to begin practice until August 24, the first day of classes. Soper feels that this ruling has not affected his teams at all.

"It (the rule) did not affect us as much as some of the other teams because running is every individual sport and the kids came back in pretty good shape," said Soper.

The men's team is led this year by a group of veteran runners, seniors Murray Chesno, Eric Pritchett and Chris Koehler. At Lebanon Valley, Koehler led the team, finishing 22nd on the five-mile in 27:24. Following

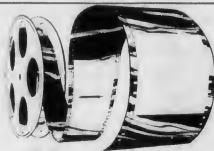
closely were Chesno in 26th (27:29) and Pritchett in 29th (27:33). Soper feels that running as a pack will be the team's strong point.

"It appears that the team is quite equal. Our forte will be coming across the finish line as a pack. They are optimistic and will be competitive when the time comes for major meets," said Soper.

The seniors are joined on the team by five freshmen and two new runners. Joined Craig Moyer has been running middle distance for the track team for two years, and seniors Randy Dye ran his freshman year but took two seasons off. Soper feels that all of the new runners will contribute equally to the team's goals.

The teams continued their strong start on September 19, with both teams placing first in a dual meet against Washington & Lee University. Coleman

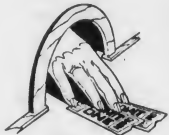
Entertainment



Movies

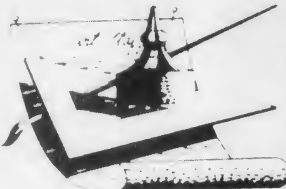
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Thursday Sept. 24 7:30 The Muppet Movie
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Shows

Friday Sept. 25: Peaches O'Dell and Her Royal Coconut, 30s & 40s Big Band Swing. 8:00 PM Ball Circle



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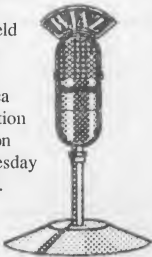
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Take Note

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If you would like to announce any entertainment oriented events, contact Michele or Lori at x4393



New Grill Opens Downtown

Restaurant Offers All-American Food and Atmosphere

By Adam Owings
Bulletin Staff Writer

If you love America, you'll love the George Street Grill. As Fredericksburg's newest eatery, the Grill boasts "The American Way" with turn of the century nostalgia and various pro-American entrees on the menu.

"There are a hundred things to look at and every one has a story," says co-owner and head chef Jay Josephs.

"Lucky," the gigantic Buffalo head looms over the end of the bar, and old lamps from an abandoned train station are just a few of the story pieces. Scores of tin advertisements promoting everything from soap to soft drinks hang on the walls along with an assortment of antique sports equipment. Dark wood paneling stretches from the carpeted floor to table height where a patriotic eagle border begins. Four magnificent eight-footlets of professionally etched glass picturing aerial scenes separates the lounge from the restaurant.

The all American menu is available in both the restaurant and the lounge seven days a week. The menu at George Street Grill offers various options; its menu includes everything from a burger and fries for \$3.50 to a 24 ounce double cut Porterhouse Steak for \$22.95. Other entrees include "Things with Wings" (chicken), "Bubble Breathers" (fish), "Wind Stuffers" (sandwiches) and pasta.

In addition to the various everyday dishes the Grill offers, there are weekly specials that Josephs encourages customers to sample - after they have tasted all the menu items. In an entire year, a customer will hardly see the same special twice at the George Street Grill, according to Josephs.

The melting pot menu and nostalgic American decor attracts a variety of crowds, including college students, doctors, lawyers and homemakers are common visitors to the Grill, said Josephs.

"I want someone who is wearing a coat and tie to be as

comfortable as the person next to him who is wearing jeans and a t-shirt," said Josephs.

When three George Street employees were asked which dish was their favorite, they all replied, smiling, "the pistachio chicken," one of Josephs' specialties.

Another of his specialties is his unique "white chili," which was featured in the November 1991 issue of Gourmet magazine, as advertised in the menu. It replaces the best of traditional chili with turkey. It is a healthier option and tastes even better than traditional chili -- a zestier flavor.



Photo Mike Woodward

"On Sundays we get slammed by the church crowd, or not at all," said bartender and Mary Washington College senior, John T. Williams.

In addition to its satisfying menu, the Grill also satisfies the social appetite. On Thursday nights a throng of college students and thirty-somethings flock to George Street for Karaoke night. They pack the lounge to offer their own personal renditions of classics. A monitor provides the lyrics and the "singers" provide the "entertainment." One employee admitted, however, that Karaoke night was more popular over the summer than it is now.

The George Street Grill employs many Mary Washington College students, making it a place where you'll most likely always see a familiar face. Josephs called his Mary Washington employees and the students that come in "a good bunch of people."

"When I got back to school this fall everyone was there. Everyone I hadn't seen all summer. It was great," said Mary Washington College senior Dan Jaworski.

For the future, according to hostess Maria Soprani, the Grill plans to feature local musicians, such as Sean Dargan and Keller Williams. This would be in an effort to compete with other local venues that feature similar events. Josephs also has plans to have beer-tasting dinners, a

five course meal with each course offering a sample of a different beer. These meals would also be prepared with various beers.

George Street Grill's Restaurant is open from 11:30 a.m.-10:00 p.m., Sunday through Thursday, and from 11:30 a.m.-11:00 p.m., Friday and Saturday. The bar is open until 2 a.m. Monday through Saturday. There is no formal dress code, but cut-offs are inappropriate. Most major but personal checks are not. For more information call 371-9500.



Photo Kim Steiner

Jamie Wasserman keeps listeners entertained during his radio show.

WMWC Sets New Goals

By Michele Raynor
Assistant Entertainment Editor

Have you ever been strolling down campus walk past Lee Hall and faintly heard the sounds of Pearl Jam, Jane's Addiction, or Metallica? It could be the students in Madison, or even Virginia Hall.

In fact, the music is coming from Lee Hall. No, it isn't the Admissions Office jammin' to the newest Chili Peppers Album, but WMWC, the college radio station broadcasting from the very top of Lee Hall.

Much overlooked by students, faculty and the Fredericksburg community, WMWC has faithfully provided all kinds of tunes to anyone willing to listen. Although the station has existed since the 1960s, little is known about it and the devoted DJs and staff who run it.

Dana Bradley, the station manager of WMWC, said as a freshman she joined the station as a DJ hosting "The Dana Show," which she still continues today as a senior. As station manager, she has several goals for WMWC.

"I want to increase the visibility of WMWC," said Bradley. "One way to do this would be if the station went FM."

For several years, the main goal of the station has been FM conversion. Currently the station broadcasts by carrier current. By this method, the radio signal is carried by telephone lines to transformer boxes outside buildings. From there, the signal travels through electrical lines to your radio. By this method, only buildings in the immediate area receive the signal. Often, you cannot even pick

up the signal on campus, and you certainly cannot pick it up in your car or in the Fredericksburg community.

Right now, FM conversion is top priority for the station. This switchover is a timely and costly goal. It would not only involve the campus, but also the Federal Communications Commission. All this amounts to money -- something the station does not have in abundance.

This year the station's budget was drastically reduced by about 45 percent, according to Bradley. Consequently the station was forced to ask DJs and managers to pay dues. Although only five dollars per semester, it is something the station does not want to do.

One future project the station is planning is *Static*, the WMWC newsletter started last year. Only two issues were published last year due to printing difficulty and finances.

This year hopes to be more productive with the addition of the new computer.

Whitney Hall, music director for WMWC, is responsible for getting music for the station. She communicates daily with record company executives and receives almost 100 percent of the music library form them as promotional releases. She regroups to *CMJ*, a music publication concentration on college radio. Hall also reports to *Rock Pool*, a publication aimed more at record retail sales, but which also adheres to the college music scene.

For most DJs and managers, being apart of WMWC is for pleasure. Most participate for fun, but others take it more seriously. Bradley, although an art history major, hopes for a career in the music industry.

Campus Plans For Family Weekend

By Jamie Pizzorno
Bulletin Staff Writer

There is always an air of excitement when Family Weekend rolls around -- and this year is no different. Although the weather is getting cooler, the college is warming up with many exciting activities planned for the family. As students prepare to see their families, the college is preparing for an unforgettable weekend.

"I am extremely excited about Family Weekend. One of the many factors that make Family Weekend a success is that it is a campus wide event and all departments have a hand in it," said Monicia Naggs, assistant director of alumni programs and coordinator of Family Weekend.

On Friday, September 25, certain classes will be open to the family so that they can get a sampling of what college academic life is like here at Mary Washington. If art is to your liking, then try an introductory Art History class at 10:00 a.m. at Melchers with Professor Oliver.

Perhaps a class is not what you had in mind... so maybe you'd like to walk over to the new Phyllis Ridderhof Martin Gallery which will be open with works from the gallery's patron from 10:00 a.m. until 4:00 p.m. After taking in the art museum, enjoy the family favorite "The Muppet Movie" at Dodd Auditorium at 7:30 p.m. It's rated "G," so bring the whole family. If you are more in the concert mode, Peaches O'Dell and Her Royal Coconut will perform at 8:00 p.m. in Ball Circle. Bring a comfy blanket and get ready for a night right out of the Big Band Era.

"Seeing the students and their parents dancing around in Ball [Circle] -- now that is really cool," said Cedric Rucker, assistant dean of student activities.

On Saturday the 26th, start out the day at Woodward Campus Center to register your guests. After this, why not sample a few departmental activities such as the Multicultural Center's open house, or the Modern Foreign Languages lab's demonstration to see how the students use it to ace their exams. If you can make the hike to Combs, try the Chemistry and Geology Chemical Magic Show.

For those not lucky enough to be taken out to lunch, there will be a southern barbecue at the Fountain. There will be live music provided by "Southbound U.S.A." This band plays a variety of music from southern rock to light country.

According to Naggs, "There was such a great response to Southbound U.S.A., that we just had to try and get them

SURVIVOR

from page 1

The demonstration is part of the noncredit Rape Aggression Defense Systems course offered periodically at MWC. Based on martial arts techniques, the RAD System objective is to develop options of self-defense so physical resistance can be a more viable consideration for women who are attacked.

The system was developed by Norfolk police officer Larry Nadeau following a sexual assault on a member of his own family. Nadeau's early research on defense classes for women led to a series of one or two-hour lectures that focused on avoidance, prevention, and compliance if attacked. But that wasn't enough. Nadeau believes women should develop their ability to fight back.

"The lectures are good, but they fail to fill the need for physical self-defense training, and their recommendation of only compliance is counter to the instinct of self preservation," says the soft-spoken Nadeau. "Programs that only teach prevention and avoidance, with compliance as the lone option for women who are attacked, are asking the impossible. Nearly all reported rapes are physically resisted by the victim."

Several studies of past assault incidents reveal that victims who yell and resist are more likely to stop attempted rape than those who comply. Research also suggests that the risk of further injury as a result of physical resistance is not significantly increased. Of more than 2.3 million American women who reported sexual assaults between 1973 and 1987, 71 percent avoided being raped by taking self-protective measures, according to the RAD Systems student manual.

While martial arts training is excellent for developing body mechanics, physical fitness, and confidence, Nadeau points out that it usually requires more commitment and dedication than most people are willing to endure.

To fill the gap, Nadeau developed the RAD System's 15-hour course which incorporates easy but effective moves that can be done with

little practice by the average woman. "It was just a revelation to me that at some point in every day the average woman feels her safety is in jeopardy," says Nadeau. "I realized that women in our culture are just raised to be peacekeepers. They are non-confrontational and very dependent on their husbands or fathers, or a can of mace or a gun that they don't know how to use stashed in the top dresser drawer for their safety."

I learned how useless these weapons could be firsthand when I was attacked 14 years ago. While I was struggling to get away, I kept yanking the gun rack hanging on the wall in my brother's room. There were several rifles there, but I didn't think any of them were loaded, and I was afraid that if one was, the attacker would turn it on me. Official word from the RAD program suggests my fears were justified.

"We usually don't recommend getting a gun or any type of weapon because chances are that it will just be used against you," says Sgt. Sandy Gooding, the police instructor who is responsible for developing the Crime Prevention Unit for MWC.

Nadeau admits that at first even he was surprised at how capable women are of physically defending themselves. After earning numerous bumps and bruises from being knocked around by women in his training courses—in spite of the padding he wears—he is now impressed with how few women can be.

"It's really amazing some of the transitions I see in women who come through the class," says Nadeau. "When they walk in at first they are timid and unsure of themselves, but when they walk out a few weeks later, they have become confident and assertive."

"We're not here to teach you to be lean, mean fighting machines,"

Gooding tells the class. "We're just here to give you some options."

Those options include heightened awareness of sexual assault in general, avoidance of potentially dangerous situations, knowledge of various escape tactics, compliance, and physical defense. The instructors at MWC emphasize that it is up to the victim to decide her response to an attack based on the situation at the time.

"We can't recommend what moves to make. You're going to have to decide for yourself what you're going to do," says Gooding. "Compliance may be the best course of action to take. If that's the only way of surviving, then that's a perfectly acceptable thing to do, and the law allows for that."

Although only about three percent of rape incidents involve serious additional injury, Nadeau maintains that the victim's judgment should not be questioned if she decides to comply. He warns that there are situations where physical defense cannot be used without the risk of serious personal injury. These include attacks that involve firearms, sharp-edged weapons, and multiple assailants.

Nadeau advises women who choose compliance to concentrate on descriptive details of the surroundings and the assailant while attempting various strategies of avoidance. Among them are vomiting, hyperventilating, and stalling for time.

While these tactics seem obvious and plausible in retrospect, they never occurred to me during the rape itself. One of the most impressive aspects of the course is its advice to victims to keep on thinking of and trying out different ways to escape the assault. "Your brain is your most important weapon," Sgt. Collins emphasizes. "If you turn your brain off in any of these situations, you might as well write it off."

In addition to advice on how to

scattered bruises.

In the emergency room the doctor cut samples of my fingernails, drew blood and plucked samples of hair from my head and body. He sealed everything in a clear plastic bag marked "EVIDENCE" in big red letters. He gave me a pelvic exam and a shot of antibiotics.

The nurse gave me a packet of abortion pills. "Nobody wants to have the baby of a rapist," she said. Then they sent me to the police station to give a deposition.

I answered the female investigator's questions as well as I could. I felt guilty for being weak and ignorant in contrast to some one so confident and professional. She asked me if the rapist was someone I knew.

Because of the mask he had worn, I couldn't even answer this question. During the struggle, I had the chance to remove his mask, but I was afraid he'd stab me to keep me from identifying him.

The investigator asked me to look for the rapist in an album with rows and rows of black and white photographs that all looked the same. I thought, "If I'd only had the courage to remove that mask, then I might be able to find his face."

I told her I remembered his smell. The sickening odor of his cologne hung in my nostrils, but I couldn't name it. On the off-chance that it might be a clue to his identity, I looked for that smell on the shelves of drugstores, and tried to detect it in the air around me for months afterward.

Even though I'd reported the rape, I knew he was still out there somewhere. I never heard from the police again. To this day I still wonder if they ever caught him.

There was no way I could have hidden what happened to me that morning. I had been violently attacked by a stranger and I needed help, so the question of whether or not to report the incident never came up.

B r o o k e Russell, executive director at the Rappahannock Council Against Sexual Assault, sees many women for whom that decision is more complicated.

"We try to be very honest with them about the process if they decide to report it as a criminal offense. And if they decide to do that, we will go with them through the whole court process," says Russell. "Other than that, they have the option of civil suit or the option of doing nothing. Ultimately it is the victim or the victim's family's decision."

The council provides immediate counseling for victims of assault as well as support throughout the legal process for those who decide to prosecute.

"When a victim calls us to report she's just been raped, the first thing we do is advise her to go immediately to the hospital so they can collect the evidence," Russell says. "That is the best thing for them to do if they have any idea at all that they might decide to prosecute."

There were 303 reported rapes in the Washington, D.C. area in 1990, representing a 63 percent increase over 1989, according to "The Washington Post." In addition to drug abuse as a factor affecting the number of actual incidents, experts cite a greater willingness of women to talk about the problem as a reason for the increase in reporting.

But according to FBI statistics, only 10 percent of sexual assaults are ever reported to law enforcement. Records from rape crisis centers are used to reflect more closely the number of actual rapes committed. Victims often choose not to report the incident because they feel guilty for what has happened to them.

"They think, 'If I hadn't done this, or if I'd only done that, if I hadn't worn that dress or walked down that dark alley, maybe it wouldn't have happened,'" says Russell. "We do our best to make victims realize that although they may have used poor

judgment, the responsibility for the crime belongs to the assailant. The victim is never to blame."

Although the rate of false reporting for rape is only two percent, the same as for any other crime, some women are afraid they will not be believed, particularly in the event of acquaintance rape.

Rape Counseling

When my father got a look at me, he promptly took his anger out by striking my mother—a moment far more horrible than the rape itself, or anything else that ever happened to me. She had made the mistake of telling him she had left the front door unlocked. It wouldn't have stopped a rapist with a screwdriver anyway.

I told a friend this story 14 years later. She had worked at a rape crisis center, and expressed her amazement that I'd received no counseling afterward. The "experts" had simply sent me home to lie in my bed, where I stared for hours at the plastic hospital bracelet around my wrist and let the questions run around in my brain.

I lay there in my darkened room and listened to Fleetwood Mac

on my cassette deck, over and over, for a few days after the rape.

Then I decided that the only way I could still win was not to let it ruin my life. Not to carry around the hate and bitterness. I was justified to feel because it would not inside me. When I felt strong enough to let it go and move on with the rest of my life, I cut the bracelet from my arm and resolved not to think of myself as a victim.

When I finally came downstairs, Mother expressed her relief. She said she'd almost given up on me.

In the next few weeks I wrote long letters to friends and read books on self defense. No one told me until 14 years later that I'd made the best choice I could have made—to survive, and to come out of it with my life.

The American Journal of Psychiatry recently published a follow-up study of 47 rape victims taken 1 to 2 1/2 years following their experiences of rape. Three-quarters of the victims interviewed noted significant changes in their lives which they directly attributed to the experience.

Half of the women continued to fear being alone, and more than one-quarter of the women spontaneously stated that the rape had a lasting impact on their lives. Comments included, "I'll never get rid of it," "I'm crippled me," "It ruined my life." One woman noted that she could no longer tolerate violence in films.

Some women saw themselves as stronger or more careful, self-reliant, independent, serious, or selective in choosing friends. Authors of the study recommend that all rape victims have access to both short-term, issue-oriented therapy and treatment of long-term symptoms.

"If a victim doesn't get help she's just going to isolate herself from continuing problems," says Russell.

Victims tend to feel that they have no control over their lives, they don't know how to handle certain situations, and they may become depressed and withdrawn. Counseling can help victims become more productive quicker, get back their self esteem, and regain control of their lives, Russell says.

Russell points out that victims of rape are 2 1/2 times more vulnerable than others to being raped again unless they get counseling to help sharpen their judgment and avoid potentially dangerous situations. She cites evidence that 41 percent of raped women said they expected to be raped again.

"If they don't get help, they're more vulnerable to having it happen again because they tend to withdraw more into themselves and kind of block out what's going on around them," Walker explains. "They project themselves as more vulnerable, and that vulnerability is what attracts a rapist."

Perhaps a lack of counseling prolonged my own ordeal. A few months after my rape experience, I went out with an attractive guy I'd met in drama class. After dinner, he drove us to his father's office, which was in a warehouse. Before I knew it, he was on top of me. I kept saying no, but he wouldn't listen. I yelled at him and tried to push him off. He held me down.

I couldn't believe someone like him would do something like that because he was popular and "came from a good family." I never said a word about it to anyone—no one else would have believed it either. I didn't think of it as rape, because we were on a date, and I had considered him a friend. I felt hurt, angry and used. It didn't even occur to me to report it, or that he might be doing the same thing to other girls.

Acquaintance rape, also called "simple rape" and "date rape," represents over 70 percent of all rapes, although it is reported even less

frequently than rape by a stranger. Nadeau points out that the labeling of any rape as a "date" seems to demean the seriousness of the incident by implying that it is

less violent. The RAD Systems instructors stress that although date rape is physically less brutal in some cases, all rape is violent and criminal.

"Date rape sounds like less of a crime," says Gooding. "It sounds like it's not as serious, but the consequences are just as devastating—often more so because of the guilt feelings involved. In Virginia, there is not a legal difference between rape and date rape, it's just the circumstances that are different."

According to the Rappahannock Council Against Sexual Assault, females are most vulnerable to acquaintance rape during their senior year in high school, over the following summer, and during the freshman year in college. Students in their first six weeks of college are particularly vulnerable because they are meeting new people in social gatherings and want to be accepted. Other factors include increased independence, more opportunities to date, and experimentation with drugs and alcohol.

In fact, about 75 percent of males and 50 percent of females had been drinking or taking drugs prior to acquaintance rape, according to Jeanette Donahue, a rape treatment coordinator in Norfolk. Victims and offenders tend to use intoxication as an excuse to rationalize sexual assault.

In one study testing the myth that "a woman who drinks too much is asking for it," 39 percent of high school males felt it acceptable to hold a female down and force her to have intercourse if she is stoned or drunk. The statistic drops to 21 percent among college males.

Females also buy into this myth (high school, 18 percent; college, 6 percent), and often blame themselves for the assault—even to the point of not calling it rape.

Ignorance of what constitutes rape seems to be part of the problem. Many men have technically committed rape without realizing it, as Koss's survey demonstrates.

When questioned about their dating behavior, one in 12 college men admitted to having sexual intercourse with a woman by force, threat, intimidation, coercion, or incapacitation—the prevailing definition of rape. Yet 84 percent of the men who had technically raped said they definitely did not rape, prior to being told the definition.

At a college seminar last year, RCASA volunteer coordinator Mary Walker met one 26-year-old man who had only heard the term "date rape" twice in his life.

"He said it was important that we be constantly telling these guys that it's wrong, and that it is not cool regardless of drug and alcohol use, or under any other circumstances," says Walker. Ignorance about date rape has seri-

ous consequences for the perpetrator as well as the victim. Rape, in Virginia, is a felony which gets five years to life in prison.

Although many years have passed since I was raped, I have only recently confronted it in my memory. With each new statistic I read, I am more compelled to speak out. I am angry at the passivity of our social system which all but ignores such a debilitating and pervasive problem.

I am angry that men are left ignorant. Even more than that, I am angry that the women have been left to cope with sexual assault without the awareness and physical defense skills necessary to make fighting back a realistic option. Instead, we have been taught to be lady-like, told to submit in order to avoid further injury.

On March 21, 1991, a study released by the Senate Judiciary Committee said that more than 100,000 women reported being raped in 1990, and that sexual assault is now increasing four times faster than the overall crime rate.

Nadeau, Russell, and others are out to change that.

"I just hope I can make a legitimate contribution," says Nadeau. "That's one thing I've said from the start, I didn't want to do this thing half way."

Nadeau can only estimate the number of women who have taken the RAD Systems course in the three years since it was developed, but the numbers are already in the thousands. MWC will offer the course again in early February.

The course is usually offered for continuing education credits, but Randolph Macon College now offers it for full physical education credit. Nadeau says The College of William and Mary and Sweetbriar College are considering following suit.

The Norfolk police officer is currently developing a comparatively brief, lecture-based program for young men. Because 90 percent of all rape victims are ages 16-24, Nadeau would like to see his courses offered in high schools.

One objection he has encountered in the Tidewater, Va., area is that the course for males is not comparable to the program for females because it doesn't include the physical defense portion designed for women.

"My answer to that is 'Who cares?' Males are not being preyed upon, they are the predators for the most part," says Nadeau. "I would think that civilized society would educate those who are being preyed upon. But change is an uncomfortable thing."

Russell, who works with many abused children, contends that awareness of sexual assault needs to be taught in grade school.

"One week every year we got from women who had just realized that they were molested as children. Everything we have is geared to women in junior high, high school and adults, so what we're doing now is trying to work on programs that get as low as preschool," says Russell. "We try to make these boys realize that 'no' does mean 'no,' that they are responsible for their actions, and that if they threaten a woman in any way that they do stand a good chance of being arrested."

Russell reports that her office is busier than ever due to the council's increased awareness efforts, and is hopeful that the situation is getting better.

Nadeau says he's heard quite a few success stories since his program was developed. He recalls one about a young woman who was pumping gas at around two in the morning. A guy approached her from behind and started grinding his pelvis into her posterior and whispering in her ear.

"She looked down and saw his feet, stomped on his instep, followed up with an elbow strike, then spun around in her defensive stance and yelled 'No!'" Nadeau says proudly. "She said the look of horror on his face was just priceless. The guy just took off and ran."

"The main thing is to change the attitude that women are supposed to be compliant," says Nadeau. "Women have got to know that they can defend themselves. They have a responsibility to defend themselves."

"It was just a revelation to me that at some point in every day the average woman feels her safety is in jeopardy. I realized that women in our culture are just raised to be peacekeepers."

Larry Nadeau, Norfolk Police Officer

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Thanks to all the COAR volunteers who made Day-break and the Food Relief Clearinghouse projects successful on Sept. 12.

Hey Vern-
What's going on October 1??
-Locks

Squid-
"Girls can't do that. Girls can't play ball!"-R.W.E.
-NOT!! -Locks

Personals

Elizabeth-
you're doing a great job; keep up the good work.
-COAR Council

Jefferson 4th Floor-
Something smells, could it be tuna? You 4 girls need to start eating more beef to get rid of the smell.

Shoe-
You know, if linguistics were simple, it'd be grammar. Smile. You make me laugh!

Hey Personals Guy-
Have a Happy & Memorable 21st Birthday!
-Amy

Thanks and Congratulations to those who survived the pa n.
-the Disco Mamas

Melanie-
It's about time. The next night out is on you. Congratulations on your new job.

Nathan-
Happy 21st Birthday!
-Love, Chris, Tracilita, and Terrence

To A, N, & L-
The giggles and the a.m. alarm are O.K., if accompanied by Raspberry Tea.

The Gang at Kenmore #D2-
Will always remember the toe sucking, card playing, B.S.ing night
-Sleepless

Steve-
You and your friends are ANIMALS, ANIMALS, ANIMALS but I love you anyway!
-Love, Honey

John D.-
You're driving me crazy!!!
-Me

A.C.K.-
Congratulations on your first cruise.
-Love, Papa K.

Ronna-
We're holding your mail as collateral for payment of the phone bill!

Roomie-
Oh yeah, It's true. I believe in UFO's, I believe in ghosts, I believe in Bigfoot.
-Roomie

Nic-
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